WOLF RIVER APPLE DELIGHT

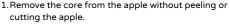
A QUICK AND SIMPLE SEASONAL DESSERT

This simple dessert is made with local ingredients and a hit with the whole family. Use coconut oil and lactose free Ice cream to make this a dairy free delight.

INGREDIENTS

- 1 Large Bluebird Estates Wolf River Apple
- 1/4 Cup Savor Grass-Fed Butter
- 1/4 Cup Hardwood Island Maple Syrup
- Dairy-free ice cream or Coconut Cream for topping

DIRECTIONS



- 2. Cut the apple into 3/4 inch circles
- 3. Melt the Savor Grass-Fed Butter in a large non-stick frying pan and slowly fry the apple circles until they start to brown. Then turn over and repeat on the other side.
- Add the Hardwood Island Maple Syrup to the pan and continue to cook until butter and syrup start to caramelize.
- 5. Remove apple circles into individual serving dishes and top with your favourite dairy-free ice cream. Drizzle the thickened syrup/butter mixture from the pan on top and serve warm.

Note: Add a hint of Organic Cinnamon or Nutmeg for extra flavour.

